

9 Must haves for a sweet life.

But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, gentleness and self-control.
Galatians 5:22-23



Gentleness:

As a follower of Jesus, I should be clothed in gentleness toward all, which thereby provides a Pathway for peace, a Pattern for living and a Picture of Jesus.

(Col. 3:12; Phil. 4:5; 1 Peter 3:3-4, 13-17; Prov. 15:1; Matt. 11:28-30, 21:5)

Self-control:

- The value of self-control: like patience, opportunities are created when we exercise this discipline and a price is paid when we don't.
- The extent of self-control: God desires that leaders and followers, old and young, men and women exercise self-control.
- The keys to self-control: patience, power and prayer.

Wrestling with reality... although we desire to do good, our sinful nature still desires to do what it wants.

But God's grace gives us forgiveness for our failures and God's spirit gives us power to overcome our weaknesses.

moving past life's mediocrity... am I yielded to the Holy Spirit so that His fruit is free to grow in my life?